



For more information about the Washoe County Senior Center please visit our website at www.washoecounty.gov and use the search bar for "Senior Scoop", "Senior Services", & "Nutrition/Lunch Program". www.washoecounty.gov/seniorsrv/index.php

Washoe County Senior Service Centers

Reno **TEMPORARY LOCATION, PAGE 7**

1155 East 9th St. Bldg E, 89512
Call (775) 328-2575 for reservation
OPEN M-F (8:00 am - 5:00 pm)
Lunch: 11:15 am - 12:30 pm
Call (775) 328-2786
Hot Meal: No reservation required.
Salad Meal: Make reservation by 8:30 am

Sparks

97 Richards Way, 89431
Call (775) 353-3110 for reservation
OPEN M-F (8:00 am - 5:00 pm)
Lunch: 11:15 am - 12:00 pm
Call (775) 353-3113

Sun Valley

115 W 6th Ave, 89433
Call (775) 673-9417 for reservation
OPEN M-F (8:30 am - 12:30 pm)
Lunch: 10:00 am - 12:00 pm
Call (775) 328-2786

Neil Road Rec Center

3295 Neil Road, 8950
Call (775) 328-2786 for reservation
OPEN M-F (11:00 am - 1:00 pm)
Call (775) 328-2786

Cold Springs

3355 White Lake Pkwy, 89508
Call (775) 971-8542 for reservation
OPEN M-F (call site for details)
Lunch: 10:00 am - 2:00 pm
Call (775) 328-2786

Westbrook

315 Westbrook Lane 89506
Call (775) 328-2786 for reservation
OPEN FOR LUNCH – 11:00 am - 1:00 pm
Call (775) 328-2786

Gerlach

385 E. Sunset Blvd, 89412
Call (775) 557-2206 for reservation
OPEN FOR LUNCH
(call site for details)

Lazy 5/Spanish Springs

7100 Pyramid Way, 89436
Call (775) 328-2786 for reservation
OPEN M-F (Hours will vary)
Lunch: 11:15 am - 12:30 pm
Call (775) 328-2786

For Lunch, all of the remaining sites require reservations for hot meal and salad meal. Call to make your reservation by 8:30 am the day of.

Mobile Harvest and Produce on Wheels

Fresh produce is delivered to senior communities and senior centers across Northern Nevada. No income restrictions. ID and Registration required. Pick up a schedule calendar for times and locations at the Information/Resource Wall in the Washoe County Senior Center or visit fbnn.org/gethelp/programschedules

Pet Food

Washoe County Animal Control distributes free pet food for seniors **every third Tuesday** of the month while supplies last.

Where: Washoe County Senior Center *Temporary Building*

When: Jan. 21st, Feb. 18th, and Mar. 18th 8:00 am - 9:00 am FCFS.

Food Bank Truck (Commodity Supplemental Food Program)

Food Bank of Northern Nevada provides nutritious food to low-income seniors monthly. Gross monthly income limits for 2025 to be determined. See 2024 income limits below for approximate 2025 limits:
\$1,473 (one person)
\$1,984 (two people)
Sign up at distribution. ID required.

LOCATION TO BE DETERMINED DUE TO BUILDING REMODEL CLOSURE.

Washoe County Senior Services - Third Thursday: Jan. 16th, Feb. 20th, & Mar. 20th 8:00 am -11:00 am

Sun Valley Senior Center – Third Wednesday: Jan. 15th, Feb. 19th, & Mar 19th 9:00 am – 10:15 am



Assistance League Food Program

Every third Tuesday of the month, the Assistance League supplies seniors with TWO BAGS of groceries with essentials.

Gross monthly income limits for 2025 to be determined. See 2024 limits below for approximate 2025 limits:

\$2,000 (one person)

\$2,554 (two people)

Only one set of bags per person. ID, Proof of Income, and Registration required.

Where: Washoe County Senior Services - Location to be determined due to building remodel.

When: Third Tuesday, Jan. 21st, Feb. 18th, and Mar. 18th

Time: 8:00 am – 10:00 am



Washoe Senior Ride

WSR is a subsidized taxi program of the Regional Transportation Commission (RTC). It provides alternative, reliable, and affordable transportation to WC residents who are 60 years and older, RTC ACCESS clients (any age), and WC Veterans (any age).

Where to Apply:

www.washoecounty.gov (search Senior Scoop then scroll down to Transportation at bottom of page)

RTC 4th Street Station

200 East 4th Street
Reno, 89501

When: Monday - Friday
8:00 am - 11:30 am
& 1:00 pm - 4:00 pm

Phone: (775) 348-7433

Access to Health Care Network has a FREE Senior Transportation program for Seniors with Medicare

They provide transportation services to:

- Doctor Appointments, Outpatient
- Procedures, Picking up Medications
- Therapies and Grocery Shopping

For more information on this free transportation program, contact Access to Healthcare at www.accesstohealthcare.org or call (877) 385-2345

Did you know?

RTC has an Uber Program! They will subsidize 75% of your fare (up to \$9) for trips with Uber that start and end in the Reno-Sparks area.

AARP has a Driver Safety Course for Seniors

- Refresh your driving skills and knowledge of the rules of the road.
- Learn techniques for handling left turns, right-of-way, and roundabouts.
- Discover proven driving methods to help keep you and your loved ones safe on the road.

Call (775) 525-1665 to register.

Where: National Auto Museum
1 Museum Way, Reno, NV 89501

When: Call for date availability



Become eligible for an auto insurance credit!

AARP[®]

Access to Health Care Network

AHCN works with older adults, people with disabilities, and family caregivers to explore their options, plan for care, and connect with the support services that meet their needs: 877-385-2345

www.accesstohealthcare.org

Did you know?

Washoe 311 can help you connect with the Washoe County senior service resources you need! From benefit programs to medication assistance to community meals, they have the connection information you're looking for:

Just dial 3-1-1

Mobile CARE Chest

CARE Chest is a Northern Nevada nonprofit agency serving individuals in need by providing medical resources, including incontinence protection and diabetic testing supplies, FREE of charge.

Where: Washoe County Senior Center, 1155 East 9th Street, 89512

When: Every Third Thursday, 8:30 am - 11:00 am.

Must register first at (775) 829-2273



Saint Mary's Hospice Grief Group



Smiles From Heaven is available to offer and share support within a safe, closed community. With your help we can continue to be there for each other, reminding you that you are not alone on this journey.

Where: St. Mary's Hospice of N. Nevada, 6490 S. McCarran Blvd Suite B13, Reno, 89509

When: Every first and third Wednesday of the month, from 1:00 pm – 3:00 pm

**WEEKLY ACTIVITIES WILL
MOVE TO EVELYN MOUNT
COMMUNITY CENTER
JANUARY 8TH**

Recurring Activities

Texas Hold 'Em

Monday - Friday
9:00 pm – 12:00 pm
Evelyn Mount Community
Center

Stretch & Tone Exercise

Monday, Wednesday, Friday
9:00 am – 10:00 am
Evelyn Mount Community
Center

Bingo

Monday, Wednesday, Friday
1:00 pm – 3:00 pm
Evelyn Mount Community
Center

Bean Bag Baseball

Tuesday & Friday
1:30 pm – 4:00 pm
Evelyn Mount Community
Center

Ukulele Group

Monday
1:00 pm – 3:00 pm
Evelyn Mount Community
Center

Scrabble

Wednesday
10:00 am – 1:00 pm
Evelyn Mount Community
Center

Continued:

Crochet Club

Tuesday
9:00 am – 11:00 am
Evelyn Mount Community
Center

Mahjong

Thursday
10:00 am – 12:00 pm
Friday
11:00 am - 3:00 pm
Evelyn Mount Community
Center

Line Dancing

Thursday
1:00 pm – 3:30 pm
Evelyn Mount Community
Center

Live Music

Grumpy Old Men-Big Band Live

Tuesday
10:15 am -11:30 am
Evelyn Mount Community
Center

Jus' Right -Hawaiian

Friday
10:00 am – 12:00 pm
Evelyn Mount Community
Center

Weekly Outreach Reno Senior Center

AT TEMPORARY BUILDING

Catholic Charities Benefit Enrollment

Wednesdays:
10:00 am -12:00 pm

MAP - Medicare Counseling

Call: 844-826-2085

Other Events

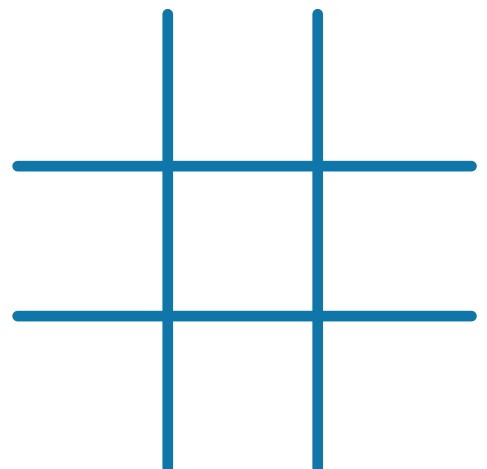
AA Meeting

Call for dates and times
(907)440-1351
436 S. Rock Blvd.
Sparks, NV 89431

AARP Safe Drivers Course

Call for dates, times and to
reserve your space
(775)525-1265

Tic Tac Toe



Other Community Events / Activities

City of Reno

(775) 351-4771

www.reno.gov/community/seniors

City of Sparks

(775) 353-2376

https://www.cityofsparks.us/rec_home/community_sports_programs/community_classes.php

AARP

(866) 389-5652

local.aarp.org/reno-nv/aarp-events/

Senior Advisory Board Meeting

First Wednesday of every month

3:00 pm – 5:00 pm

Location: To be determined

Marriage Ceremonies

The County Clerk's office no longer conducts marriage ceremonies at the Reno Senior Center. They are now conducted at 1001 E. 9th, Building D. Call (775) 784-7272 for appointment.

Income-Based Housing Resources

NVHousingSearch.org

A free search tool helps find rental homes/apartments that fit an individual's needs and budget.

Where: www.NVHousingSearch.org

Phone: (877) 428-8844

Reno Housing Authority

The Reno Housing Authority owns and operates numerous affordable housing developments throughout Washoe County.

Where: www.renoha.org

Phone: (775) 329-3630

Other Resources

Re]Build – Rebuilding Together

Rebuilding together is a non-profit organization with a mission to repair the homes of people in need! **Where:** www.rtnnv.org **Phone:** (775) 395-9808

Washoe County HSA – Senior Services – Engaging Aging for Wellness

Phone: (775) 395-9808

The first is, PEARLS (Program to Encourage Active, Rewarding Lives) to educate older adults about what depression is, and empowers them with new skills for living healthier, happier lives. PEARLS participants can also improve social isolation and loneliness. This evidence-based model, with trained coaches engage seniors in a 19-week methodology. This includes eight one-hour sessions focused on problem solving treatment and behavioral initiation to assist with reducing depression.

The second, is called ENGAGED, which focuses on senior social interaction and participation for those who frequently visit the Senior Center.

CLOSURE NOTICE!

The main section of the Washoe County Reno Senior Center will be CLOSED to the public for remodeling, beginning Wednesday, January 8, 2025, until March 31, 2025. The only accessible area, will be the Art Town room on the north end of the building for meal services.

Continued Services During Closure

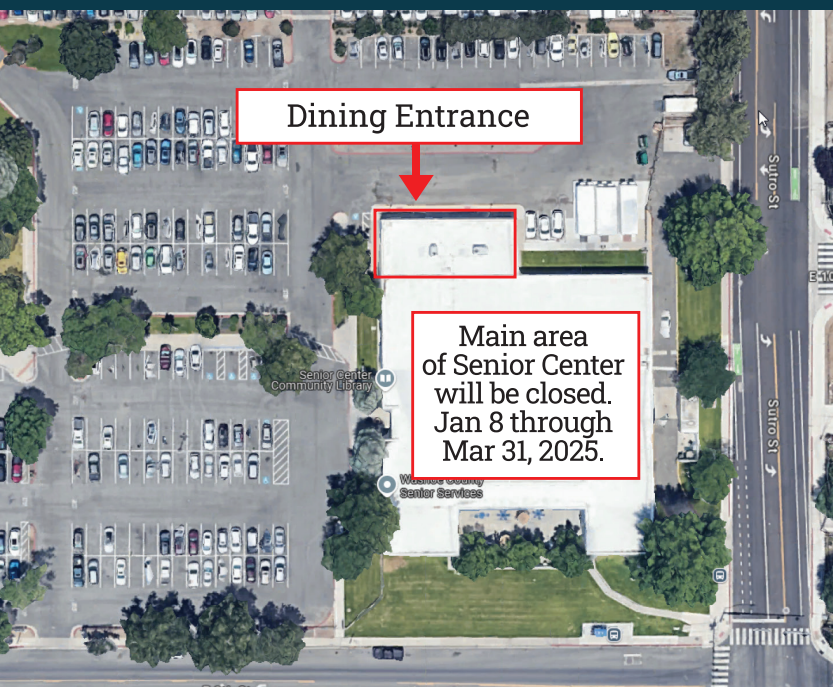
Senior Services will continue to offer meals from 11:15 am – 1:00 pm to seniors. Meals will be served in the Art Town room (previously known as Daybreak) on the north side of the Senior Center Building, which holds 40-45 people. Individuals must enter through the north side of the building as the main entrance will be closed. Seniors are encouraged to socialize, have conversation and coffee, and enjoy the facility Monday-Friday, from 8 a.m. – 5 p.m. The Meals on Wheels Program will continue service without interruption.

Several regular Senior Center activities will be offered at our temporary meeting location: Evelyn Mount Center, located at 1301 Valley Road, in Reno, beginning January 8, at no cost to Washoe County Seniors.

Transportation

For those in need of a ride, the Regional Transportation Commission Route 2 offers bus stops at the Washoe County Complex to go to and from Evelyn Mount Center. Any questions, please call us at (775) 328-2575.

Dining Location Map



Important Contact Information

Access to Healthcare Network

(877) 385-2345

Adult Protective Services

(888) 729-0571

Alzheimer's Association

(800) 272-3900

Care Chest

(775) 829-2273

Cares Campus Resource Center

(775) 325-8200

Catholic Charities

(775) 786-5266

Community Health Alliance

(775) 329-6300

Community Service Agency

(775) 786-6023

Crisis Call Center & Suicide Prevention

(800) 273-8255, 988 or
(775) 784-8090

Gamblers Anonymous

(775) 356-8070

National Alliance on Mental Illness

(775) 470-5600

Nevada Welfare and Supportive Services (DWSS)

Reno: (775) 684-7200

Sparks: (775) 824-7400

Nevada State Information Service
211

Northern Nevada HOPES

(775) 786-4673

Northern Nevada Legal Aid

(775) 332-0606

Northern Nevada Center for Independent Living

(775) 353-3599

Retired and Senior Volunteer Program

(775) 784-1807

RTC Access

(775) 348-0477

S.O.S. Senior Outreach Services

(775) 784-7506

State of Nevada Aging and Disability

(775) 687-0800

Veteran Crisis Hotline

(800) 273-8255 (TALK)

Washoe County Information Service
311

Washoe County Senior Center Library

(775) 328-2586



Pursuant to Title VI of the Civil Rights Act of 1964 and Section 504 of the Rehabilitation Act of 1973, Washoe County Senior Services does not discriminate in the provision of services on the basis of race, color, gender, religion, national origin, or handicap.